



Intent for PE

The National Curriculum	At Hadleigh Infants and Nursery School we follow the programmes of study and the aims of the National Curriculum. The intent of our PE lessons is to provide the children with varied opportunities in dance, gymnastics and have a large focus on sports and sports skills.
Barriers for our Children	Opportunities to participate in a wide range of sports or physical activities maybe limited for some of our children due to financial or time constraints faced by our families. Resilience and Growth mindset requires further development to encourage our children to 'have a go' at new activities and persevere if they do not succeed immediately. It is important that our children develop of positive view of being active and adopting a varied, balanced diet.
Implementation	<p>We aim to enthuse and inspire the children to develop their interests in new sports through varied PE lessons and extra-curricular activities allowing them to experience a range of different sports. We encourage children to demonstrate resilience and teamwork and develop a sense of fair play and respect. Our children will develop an understanding of how to improve in different physical activities and sports and know how to recognise their own successes no matter how big or small. We aim to embed a positive attitude towards that allows children to persevere with physical activity for a sustained period. We ensure children have a developing awareness of the importance of a healthy lifestyle.</p> <p>The children have many opportunities to participate in local festivals and competitions through the CPPRS partnership. These competitions/festivals encourage the development of personal skills in confidence and resilience.</p> <p>School provides a free weekly multi-skills lunchtime club for all children with a specialist coach to provide a positive experience of physical activity during unstructured time.</p>